## ANIMAL ASSISTED THERAPY IN COUNSELLING

Saturday 6th October 2012
Keele Sustainability Hub, Keele University, Keele, ST5 5AA

## Has a passing pup ever made you smile or have you ever petted an animal or spoken to your pet & walked away feeling better?

Regardless of the approach you use, this course for Counsellors, Therapists & health professionals, shows how you can recreate and safely bring the positive effects of interacting with animals and nature to your clients.

During this day long course you will learn amongst other things:

- To recognise the benefits of human-animal interaction (HAI)
- To develop a basic understanding of Animal Assisted Therapy (AAT)
- To have appropriate awareness of safety aspects when considering AAT
- To understand the application of AAT within Counselling
- To have appropriate awareness of suitable animal selection, welfare & AAT techniques

COST: £65 / £45 Students (£30 deposit secures)

To register or to find out more, please email Kathryn at info@humanima.co.uk

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